

STOCKEEZ USER GUIDE

STOCKEEZ assists you in getting your compression stockings on and taking them off independently.

STOCKEEZ is a device for anyone with mobility issues.

Although STOCKEEZ is easy to use, it might take some time finding the most comfortable way to use it.

Please be patient, take your time, and if necessary, try to use a different set up.

Once you get used to STOCKEEZ, your quality of life is going to change.

WARNING

The STOCKEEZ device is not suitable for people with stability or balance problems, or people who require support and/or assistance sitting, standing or walking.

WHAT YOU WILL NEED

1. A chair with accessible legs.
2. Your compression stockings.
3. A table or stool to rest the STOCKEEZ device on while you prepare it for use.

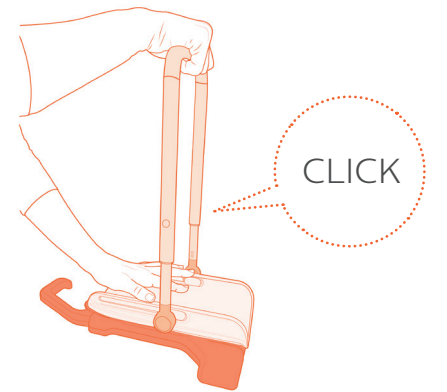
We invite you to visit www.the-stockeez.com to view the user instructions video and additional material.

INSTRUCTIONS FOR USE

watch the video guide on line at www.the-stockeez.com

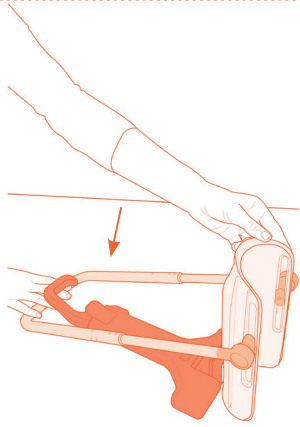
Open the box and remove the device.

1



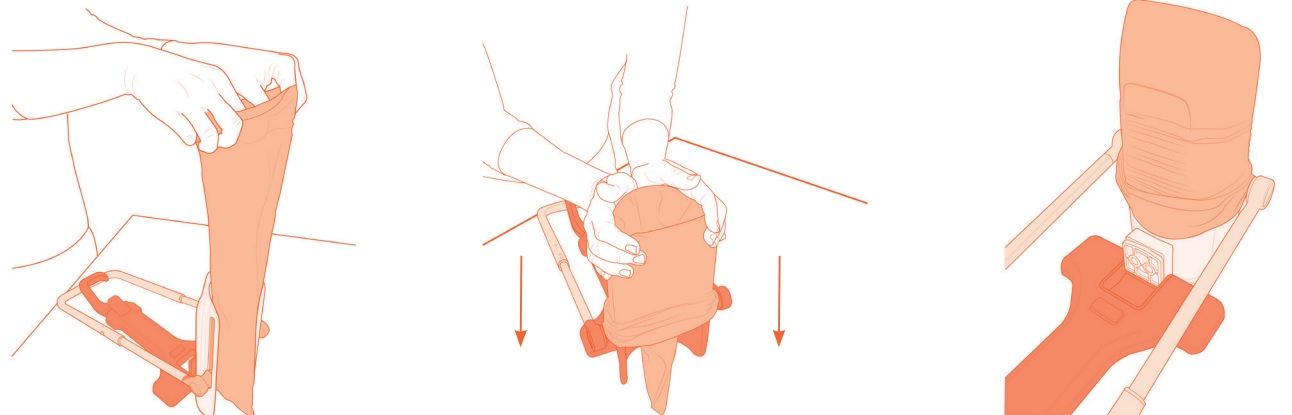
Place the STOCKEEZ on the table. Pull the handle up until it clicks.

2



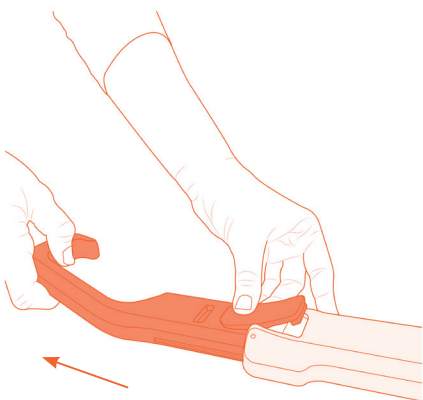
Lower the handle down while raising the STOCKEEZ arm to an upright position.

3



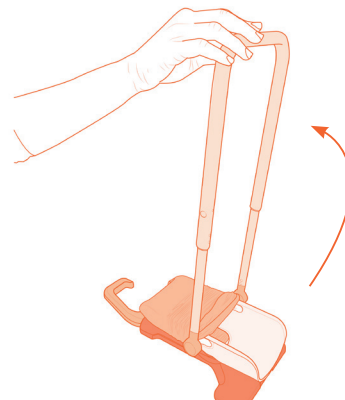
Place the stocking inside the arm, heel facing inside the arm. With the stocking opening facing upward, compress the stocking down over the arm, until the heel of the stocking reaches the arm lip. You can use bare hands or donning gloves (only included with STOCKEEZ Premium and Elite).

4



By pressing the latch, pull the hook to a convenient length (You may need to use the STOCKEEZ a few times to find the hook's ideal position for you).

5



Lower the stockeez arm to a horizontal position. Raise the handle to an upright position.

6

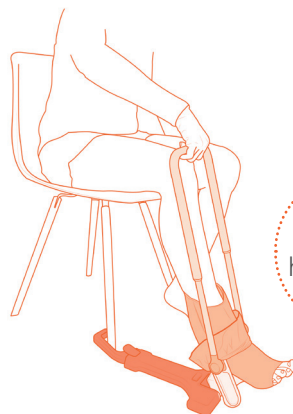


While sitting comfortably on a chair, hold the handle and lower the STOCKEEZ to the floor. Anchor the hook around a chair leg, to prevent it from moving.

7



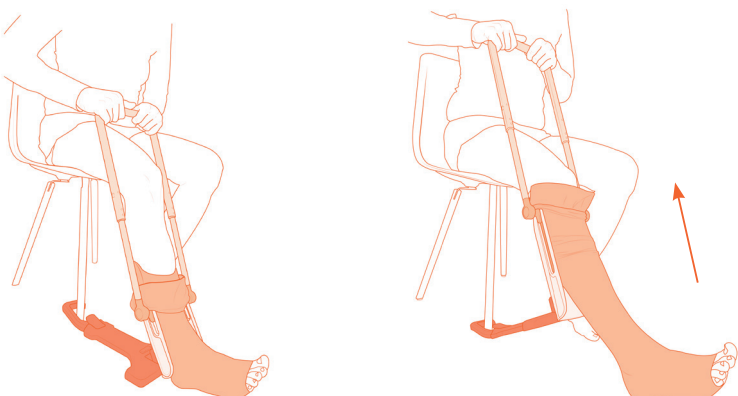
slide your foot in



push your heel down

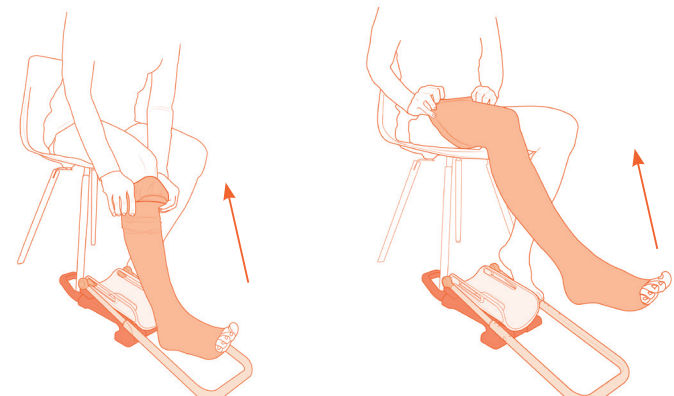
While sitting comfortably upright on the chair, rotate the STOCKEEZ arm to the outside of the chair. Pull your leg back slightly around the outside of the chair and slide your foot into the stocking. Raise your foot slightly, then push your leg down until the heel reaches the floor.

8



Pull the handle up and toward you until the stocking reaches your knee.

9



Hold the stocking with two hands and pull it up gently.